

Lamentations 3

Vs	English Translation	Word # Lam	Hebrew	# of letters	# of words	Numeric value
1	I [am]	758	אני	3		61
1	the strong man	759	הגבר	4		210
1	who has seen	760	ראה	3		206
1	affliction	761	עני	3		130
1	by a rod	762	בשבט	4		313
1	[of] His wrath	763	עברתו	5		678
				22	6	1598
2	me	764	אותי	4		417
2	He has driven	765	נהג	3		58
2	and made walk	766	וילך	4		66
2	[in] darkness	767	חשך	3		328
2	and not	768	ולא	3		37
2	light	769	אור	3		207
				20	6	1113
3	surely	770	אך	2		21
3	against me	771	בי	2		12
3	He would turn	772	ישב	3		312
3	He would upend [me]	773	יהפך	4		115
3	[by] His hand	774	ידו	3		20
3	all	775	כל	2		50
3	day [long]	776	היום	4		61
				20	7	591
4	He has worn out	777	בלה	3		37
4	my flesh	778	בשרי	4		512
4	and my skin	779	ועורי	5		292
4	He has broken	780	שבר	3		502
4	my bones	781	עצמותי	6		616
				21	5	1959
5	He has built	782	בנה	3		57
5	against me	783	עלי	3		110
5	and He has encompassed [me]	784	ויקף	4		196
5	[with] bitterness	785	ראש	3		501
5	and distress	786	ותלאה	5		442
				18	5	1306

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6	in dark places	787	במחשכים	7	420
6	He has made me dwell	788	הושיבני	7	383
6	like [the] dead	789	כמתי	4	470
6	[of old]	790	עולם	4	146
				<hr/>	
				22	<hr/>
				4	<hr/>
				1419	<hr/>
7	He has walled in	791	גדר	3	207
7	round about me	792	בעדי	4	86
7	and not	793	ולא	3	37
7	I can go out	794	אצא	3	92
7	He has made heavy	795	הכביד	5	41
7	my bronze [fetters]	796	נחשתי	5	768
				<hr/>	
				23	<hr/>
				6	<hr/>
				1231	<hr/>
8	also	797	גם	2	43
8	[when]	798	כי	2	30
8	I would call out	799	אזעק	4	178
8	and cry for salvation	800	ואשוע	5	383
8	He shut out	801	שתם	3	740
8	my prayer	802	תפלתי	5	920
				<hr/>	
				21	<hr/>
				6	<hr/>
				2294	<hr/>
9	He has closed off	803	גדר	3	207
9	my ways	804	דרכי	4	234
9	with hewn [stone]	805	בגזית	5	422
9	my pathways	806	נתיבתי	6	872
9	He has twisted	807	עוה	3	81
				<hr/>	
				21	<hr/>
				5	<hr/>
				1816	<hr/>
10	a bear	808	דב	2	6
10	lying in wait	809	ארב	3	203
10	He [is]	810	הוא	3	12
10	for me	811	לי	2	40
10	a lion	812	אריה	4	216
10	in ambush	813	במסתרים	7	752
				<hr/>	
				21	<hr/>
				6	<hr/>
				1229	<hr/>
11	my ways	814	דרכי	4	234
11	He has turned aside	815	סורר	4	466
11	and He has torn me in pieces	816	ויפשחני	7	464

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11	He has made me	817	שמני	4	400
11	desolate	818	שמם	3	380
				<hr/>	<hr/>
				22	5
				<hr/>	<hr/>
12	He has bent	819	דרך	3	224
12	His bow	820	קשתו	4	806
12	and He stands me upright	821	ויציבני	7	178
12	like a target	822	כמטרא	5	270
12	for an arrow	823	לחץ	3	128
				<hr/>	<hr/>
				22	5
				<hr/>	<hr/>
13	He has brought	824	הביא	4	18
13	into my inward parts	825	בכליותי	7	478
13	[the arrows]	826	בני	3	62
13	[of] His quiver	827	אשפתו	5	787
				<hr/>	<hr/>
				19	4
				<hr/>	<hr/>
14	I have become	828	הייתי	5	435
14	a joke	829	שחק	3	408
14	to all	830	לכל	3	80
14	my people	831	עמי	3	120
14	their taunt	832	נגינתם	6	553
14	all	833	כל	2	50
14	day [long]	834	היום	4	61
				<hr/>	<hr/>
				26	7
				<hr/>	<hr/>
15	He has sated me	835	השביעני	7	447
15	with bitterness	836	במרורים	7	498
15	He has caused me to drink	837	הרוני	5	271
15	wormwood	838	לענה	4	155
				<hr/>	<hr/>
				23	4
				<hr/>	<hr/>
16	and He has crushed	839	ויגרס	5	279
16	with gravel	840	בחצץ	4	190
16	my teeth	841	שני	3	360
16	He has bent me down	842	הכפישני	7	475
16	in ash	843	באפר	4	283
				<hr/>	<hr/>
				23	5
				<hr/>	<hr/>
17	and has been rejected	844	ותזנח	5	471
17	from peace	845	משלום	5	416
17	my soul	846	נפשי	4	440

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17	I have forgotten	847	נשיתי	5	770
17	goodness	848	טובה	4	22
				<hr/> 23	<hr/> 5
				<hr/> 2119	
18	and [I] say	849	ואמר	4	247
18	has perished	850	אבד	3	7
18	my endurance	851	נצחי	4	158
18	and my expectations	852	ותוחלתי	7	860
18	of the LORD	853	מיהוה	5	66
				<hr/> 23	<hr/> 5
				<hr/> 1338	
19	remember	854	זכר	3	227
19	my affliction	855	עניי	4	140
19	and my wanderings	856	ומרודי	6	266
19	the wormwood	857	לענה	4	155
19	and bitterness	858	וראש	4	507
				<hr/> 21	<hr/> 5
				<hr/> 1295	
20	[surely]	859	זכור	4	233
20	[my soul] will remember	860	תזכור	5	633
20	and sinks down	861	ותשיח	5	724
20	within me	862	עלי	3	110
20		863	נפשי	4	440
				<hr/> 21	<hr/> 5
				<hr/> 2140	
21	this	864	זאת	3	408
21	I will [recall]	865	אשיב	4	313
21	in	866	אל	2	31
21	my heart	867	לבי	3	42
21		868	על	2	100
21	[therefore]	869	כן	2	70
21	I will wait	870	אוחיל	5	55
				<hr/> 21	<hr/> 7
				<hr/> 1019	
22	[it is by the] kindness	871	חסדי	4	82
22	[of] the LORD	872	יהוה	4	26
22	that	873	כי	2	30
22	not	874	לא	2	31
22	we will come to an end	875	תמנו	4	496
22	because	876	כי	2	30
22	not	877	לא	2	31

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22	have ceased	878	כלו	3	56	
22	His compassions	879	רחמיו	5	264	
				28	9	1046
23	[they are] new	880	חדשים	5	362	
23	every morning	881	לבקרים	6	382	
23	abundant [is]	882	רבה	3	207	
23	Your faithfulness	883	אמונתך	6	517	
				20	4	1468
24	my portion	884	חלקי	4	148	
24	[is] the LORD	885	יהוה	4	26	
24	says	886	אמרה	4	246	
24	my soul	887	נפשי	4	440	
24		888	על	2	100	
24	[therefore]	889	כן	2	70	
24	I will wait	890	אוחיל	5	55	
24	for Him	891	לו	2	36	
				27	8	1121
25	good	892	טוב	3	17	
25	[is] the LORD	893	יהוה	4	26	
25	to those who hope in Him	894	לקוו	4	142	
25	the soul	895	לנפש	4	460	
25	who will seek Him	896	תדרשנו	6	960	
				21	5	1605
26	[it is] good	897	טוב	3	17	
26	and he waits	898	ויחיל	5	64	
26	and in silence	899	ודומם	5	96	
26	for [the] salvation	900	לתשועת	6	1206	
26	[of] the LORD	901	יהוה	4	26	
				23	5	1409
27	[it is] good	902	טוב	3	17	
27	for a strong man	903	לגבר	4	235	
27	that	904	כי	2	30	
27	he should bear	905	ישא	3	311	
27	a yoke	906	על	2	100	
27	in his youth	907	בנעוריו	7	344	
				21	6	1037

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28	let him sit	908	ישב	3	312
28	alone	909	בדד	3	10
28	and be silent	910	וידם	4	60
28	because	911	כי	2	30
28	He has laid [it]	912	נטל	3	89
28	on him	913	עליו	4	116
				<hr/>	<hr/>
				19	6
				<hr/>	<hr/>
29	let him [put]	914	יתן	3	460
29	in [the] dust	915	בעפר	4	352
29	his mouth	916	פיהו	4	101
29	perhaps	917	אולי	4	47
29	there is	918	יש	2	310
29	hope	919	תקוה	4	511
				<hr/>	<hr/>
				21	6
				<hr/>	<hr/>
30	let him give [a cheek]	920	יתן	3	460
30	to one who strikes him	921	למכהו	5	101
30		922	לחי	3	48
30	let him be sated	923	ישבע	4	382
30	with reproach	924	בחרפה	5	295
				<hr/>	<hr/>
				20	5
				<hr/>	<hr/>
31	because	925	כי	2	30
31	[my Lord] not	926	לא	2	31
31	will reject	927	יזנח	4	75
31	forever	928	לעולם	5	176
31		929	אדני	4	65
				<hr/>	<hr/>
				17	5
				<hr/>	<hr/>
32	because	930	כי	2	30
32	if	931	אם	2	41
32	He has caused grief	932	הוגה	4	19
32	and He will have mercy	933	ורחם	4	254
32	according to [the] abundance	934	כרב	3	222
				<hr/>	<hr/>
32	[of] His kindness	935	חסדו	4	78
				<hr/>	<hr/>
				19	6
				<hr/>	<hr/>
33	because	936	כי	2	30
33	not	937	לא	2	31
33	He afflicts	938	ענה	3	125
33	from His heart	939	מלבו	4	78

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33	and grieves	940	ויגה	4	24
33	sons	941	בני	3	62
33	[of] men	942	איש	3	311
				<hr/>	<hr/>
				21	7
				<hr/>	<hr/>
34	to crush	943	לדכא	4	55
34	under	944	תחת	3	808
34	His feet	945	רגליו	5	249
34	all	946	כל	2	50
34	prisoners	947	אסירי	5	281
34	[of the] earth	948	ארץ	3	291
				<hr/>	<hr/>
				22	6
				<hr/>	<hr/>
35	to turn aside	949	להטות	5	450
35	justice	950	משפט	4	429
35	[from] a strong man	951	גבר	3	205
35	before	952	נגד	3	57
35	[the] presence	953	פני	3	140
35	[of the] Most High	954	עליון	5	166
				<hr/>	<hr/>
				23	6
				<hr/>	<hr/>
36	to defraud	955	לעות	4	506
36	a man	956	אדם	3	45
36	in his case	957	בריו	5	220
36	the Lord	958	אדני	4	65
36	not	959	לא	2	31
36	[He approves]	960	ראה	3	206
				<hr/>	<hr/>
				21	6
				<hr/>	<hr/>
37	who	961	מי	2	50
37	[is] this	962	זה	2	12
37	who speaks	963	אמר	3	241
37	and it is so	964	ותהי	4	421
37	[when the] Lord	965	אדני	4	65
37	not	966	לא	2	31
37	He has commanded [it]	967	צוה	3	101
				<hr/>	<hr/>
				20	7
				<hr/>	<hr/>
38	out of [the] mouth	968	מפי	3	130
38	[of the] Most High	969	עליון	5	166
38	not	970	לא	2	31
38	will go out	971	תצא	3	491

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38	the bad	972	הָרָעוֹת	5	681
38	and the good	973	וְהַטּוֹב	5	28
				23	6
					1527
39	[of] what	974	מָה	2	45
39	can complain	975	יִתְאוּנוּ	6	517
39	a man	976	אָדָם	3	45
39	living	977	חַי	2	18
39	[or] a strong man	978	גִּבּוֹר	3	205
39	[in view of]	979	עַל	2	100
39	his sin	980	חַטָּאוֹ	4	24
				22	7
					954
40	let us search out	981	נַחֲפֹשֶׁה	5	443
40	our ways	982	דַּרְכֵינוּ	6	290
40	and examine ourselves	983	וְנַחְקֶרָה	6	369
40	and return	984	וְנָשׁוּבָה	6	369
40	to	985	עַד	2	74
40	the LORD	986	יְהוָה	4	26
				29	6
					1571
41	let us lift	987	נִשָּׂא	3	351
41	our heart	988	לִבֵּנוּ	5	90
41	through	989	אֶל	2	31
41	hands	990	כַּפַּיִם	4	150
41	to	991	אֶל	2	31
41	God	992	אֶל	2	31
41	in [the] heavens	993	בַּשָּׁמַיִם	5	392
				23	7
					1076
42	we	994	נַחֲנוּ	4	114
42	we transgressed	995	פָּשַׁעְנוּ	5	506
42	and we were rebellious	996	וּמְרִינוּ	6	312
42	You	997	אַתָּה	3	406
42	not	998	לֹא	2	31
42	pardoned	999	סָלַחַת	4	498
				24	6
					1867
43	You covered	1000	סָכַתָּה	4	485
43	with anger	1001	בְּאַף	3	83
43	and You pursued us	1002	וַתִּרְדַּפֵּנוּ	7	746
43	You killed	1003	הָרַגְתָּ	4	608
43	not	1004	לֹא	2	31

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43	You spared	1005	חמלת	4		478
				24	6	2431
44	You covered [Yourself]	1006	סכותה	5		491
44	with a cloud	1007	בענן	4		172
44		1008	לך	2		50
44	from [receiving]	1009	מעבור	5		318
44	prayer	1010	תפלה	4		515
				20	5	1546
45	offscourings	1011	סחי	3		78
45	and refuse	1012	ומאוס	5		113
45	You would make us	1013	תשימנו	6		806
45	in [the] midst	1014	בקרב	4		304
45	[of] the peoples	1015	העמים	5		165
				23	5	1466
46	have opened	1016	פצו	3		176
46	against us	1017	עלינו	5		166
46	their mouths	1018	פיהם	4		135
46	all	1019	כל	2		50
46	our enemies	1020	איבינו	6		79
				20	5	606
47	fear	1021	פחד	3		92
47	and pit	1022	ופחת	4		494
47	have been	1023	היה	3		20
47	for us	1024	לנו	3		86
47	devastation	1025	השאת	4		706
47	and brokenness	1026	והשבר	5		513
				22	6	1911
48	streams	1027	פלגי	4		123
48	[of] waters	1028	מים	3		90
48	go down	1029	תרד	3		604
48	[from] my eyes	1030	עיני	4		140
48	over	1031	על	2		100
48	[the] brokenness	1032	שבר	3		502
48	[of the] daughter	1033	בת	2		402
48	[of] my people	1034	עמי	3		120
				24	8	2081

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49	my eyes	1035	עיני	4	140
49	flow	1036	נגרה	4	258
49	and not	1037	ולא	3	37
49	they will cease	1038	תדמה	4	449
49	there is no	1039	מאין	4	101
49	stopping	1040	הפגות	5	494
				<hr/> 24	<hr/> 6
				<hr/> 1479	
50	until [the LORD]	1041	עד	2	74
50	will look down	1042	ישקיף	5	500
50	and see	1043	וירא	4	217
50		1044	יהוה	4	26
50	from [the] heavens	1045	משמים	5	430
				<hr/> 20	<hr/> 5
				<hr/> 1247	
51	my eye	1046	עיני	4	140
51	deals severely	1047	עוללה	5	141
51	with my soul	1048	לנפשי	5	470
51	because of all	1049	מכל	3	90
51	[the] daughters	1050	בנות	4	458
51	[of] my city	1051	עירי	4	290
				<hr/> 25	<hr/> 6
				<hr/> 1589	
52	[indeed]	1052	צוד	3	100
52	[my enemies] hunted me	1053	צדוני	5	160
52	like a bird	1054	כצפור	5	396
52		1055	איבי	4	23
52	without cause	1056	חנם	3	98
				<hr/> 20	<hr/> 5
				<hr/> 777	
53	they flung [me alive]	1057	צמתו	4	536
53	in a pit	1058	בבור	4	210
53		1059	חיי	3	28
53	and they [placed]	1060	וידו	4	26
53	a stone	1061	אבן	3	53
53	on me	1062	בי	2	12
				<hr/> 20	<hr/> 6
				<hr/> 865	
54	[waters] flowed	1063	צפו	3	176
54		1064	מים	3	90
54	over	1065	על	2	100
54	my head	1066	ראשי	4	511
54	I said	1067	אמרתי	5	651

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54	I have been cut off	1068	נגזרתי	6		670
				23	6	2198
55	I called	1069	קראתי	5		711
55	[on] Your name	1070	שמך	3		360
55	O LORD	1071	יהוה	4		26
55	out of [the lowest] pit	1072	מבור	4		248
55		1073	תחתיות	6		1224
				22	5	2569
56	my voice	1074	קולי	4		146
56	You heard	1075	שמעת	4		810
56	do not	1076	אל	2		31
56	hide	1077	תעלם	4		540
56	Your ear	1078	אזנך	4		78
56	for my relief	1079	לרווחתי	6		654
56	for my cry for salvation	1080	לשועתי	6		816
				30	7	3075
57	You draw close	1081	קרבת	4		702
57	on [the] day	1082	ביום	4		58
57	I call on You	1083	אקראך	5		322
57	You said	1084	אמרת	4		641
57	do not	1085	אל	2		31
57	fear	1086	תירא	4		611
				23	6	2365
58	You contended	1087	רבת	3		602
58	my Lord	1088	אדני	4		65
58	[for the] cause	1089	ריבי	4		222
58	[of] my soul	1090	נפשי	4		440
58	You have redeemed	1091	גאלת	4		434
58	my life	1092	חיי	3		28
				22	6	1791
59	You have seen	1093	ראיתה	5		616
59	O LORD	1094	יהוה	4		26
59	my [mistreatment]	1095	עותתי	5		886
59	You judge	1096	שפטה	4		394
59	my vindication	1097	משפטי	5		439
				23	5	2361

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60	You have seen	1098	ראיתה	5	616
60	all	1099	כל	2	50
60	their vengeance	1100	נקמתם	5	630
60	all	1101	כל	2	50
60	their schemes	1102	מחשבתם	6	790
60	for me	1103	לי	2	40
				<hr/>	
				22	6
				<hr/>	2176
61	You have heard	1104	שמעת	4	810
61	their reproach	1105	חרפתם	5	728
61	O LORD	1106	יהוה	4	26
61	all	1107	כל	2	50
61	their schemes	1108	מחשבתם	6	790
61	against me	1109	עלי	3	110
				<hr/>	
				24	6
				<hr/>	2514
62	[the] lips	1110	שפתי	4	790
62	[of] those who rise up	1111	קמי	3	150
62	and their whispering	1112	והגיונם	7	120
62	against me	1113	עלי	3	110
62	all	1114	כל	2	50
62	day [long]	1115	היום	4	61
				<hr/>	
				23	6
				<hr/>	1281
63	[look at] their sitting	1116	שבתם	4	742
63	and their rising up	1117	וקימתם	6	596
63		1118	הביטה	5	31
63	I [am]	1119	אני	3	61
63	their mocking song	1120	מנגינתם	7	593
				<hr/>	
				25	5
				<hr/>	2023
64	return	1121	תשיב	4	712
64	to them	1122	להם	3	75
64	a recompense	1123	גמול	4	79
64	O LORD	1124	יהוה	4	26
64	according to [the] work	1125	כמעשה	5	435
64	[of] their hands	1126	ידיהם	5	69
				<hr/>	
				25	6
				<hr/>	1396
65	give	1127	תתן	3	850
65	to them	1128	להם	3	75
65	[a veiling]	1129	מגנת	4	493
65	[of] heart	1130	לב	2	32

Lamentations 3

65	Your curse	1131	תאלתך	5		851
65	upon them	1132	להם	3		75
				<u>20</u>	<u>6</u>	<u>2376</u>
66	pursue	1133	תרדף	4		684
66	in anger	1134	באף	3		83
66	and destroy them	1135	ותשמידם	7		800
66	from under	1136	מתחת	4		848
66	[the] heavens	1137	שמי	3		350
66	O LORD	1138	יהוה	4		26
				<u>25</u>	<u>6</u>	<u>2791</u>
Totals chapter 3				<u>1466</u>	<u>381</u>	<u>102163</u>
Total chapters 1-3				<u>4350</u>	<u>1138</u>	<u>275313</u>